

*Monta Vista High School*

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# Course Selection Night — for 10th graders

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# Tonight's Agenda

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- ❖ Introductions
- ❖ Graduation & College requirements
- ❖ Course selection process
- ❖ Things to consider for 11th grade
- ❖ Q & A



# Guidance Teams

## Alpha

## Counselor

## Administrator

A — Gou

Monique Balentine  
366-7615

Michael Martinez  
366-7603

Gov — L

Jessica Coscia  
366-7616

Nico Flores  
366-7609

M — Sha

Sylvia Lam  
366-7626

Andrew Goldenkranz  
366-7607

She — Z

Clay Stiver  
366-7614

Mike White  
366-7647



Academics



Daily  
living

Extra-  
curricular



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# High School Requirements

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Requirement	Graduation	UC/CSU eligibility
English	4 years	4 years
Science	2 years	2 years
Math	2 years (through Geometry)	3 years (through Algebra II)
Social Science	3 years	2 years
PE	2 years	
Electives	<u>2 out of 3 of:</u> 1 year Applied Academic 1 year Fine Art 1 year World Language	1 year Fine Art 2 years World Language 1 year College Prep Elective
Total Credits	220	15 subject units



# 4-year timeline

## 9th Grade — getting to know yourself & school

- Transitioning from middle to high school
- Identifying your learning style & solidifying study techniques
- Develop self-advocacy & independence
- Naviance — interest inventories

## 10th Grade — exploration

- Explore — take risks & try new things
- Find out what interests you & what you are passionate about
- Naviance — career & major exploration

## 11th Grade — honing in

- Go deeper in your areas of interest (both academic & extra-curricular)
  - Seek balance
  - Naviance — college exploration
- ♦ Tests — AP, CAASP, PSAT, SAT/ACT

## 12th Grade — putting it all together

- Go deeper in your areas of interest (both academic & extra-curricular)
  - Seek balance
  - Naviance — college applications
- ♦ Tests — AP, SAT/ACT



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# Selecting Courses

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- ❖ Junior year = lots of student choices
- ❖ Select courses that are right for you
- ❖ Good rule of thumb — match rigor with interests!
- ❖ Informed decision making — seek information from teachers, guidance staff, current & former students, parents etc.
- ❖ Don't buy in to the Junior Year "*Trap*" — balance is key



# 11th grade core course offerings

English	Social Science	Science
<ul style="list-style-type: none"><li>• American Literature</li><li>• American Literature Honors</li></ul>	<ul style="list-style-type: none"><li>• American Studies</li><li>• US History</li><li>• AP U.S. History</li></ul>	<ul style="list-style-type: none"><li>• AP Biology</li><li>• AP Environmental Science</li><li>• Chemistry, Chemistry Honors, Chemistry AP</li><li>• Physics, Physics AP 1, Physics AP C</li><li>• Physiology</li></ul>



# MVHS Math Pathways

**AP Statistics\***

**AP Calculus AB**

**AP Calculus BC**

**\*AP Statistics  
may be taken  
upon successful  
completion of  
any upper level  
math class**

**Applications of  
Advanced Math**

**Math Analysis**

**Pre-Calculus  
Honors**

**Algebra 2**

**Algebra 2 /  
Trigonometry**

**Geometry**

**Algebra 1**



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# Course Selection Support

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- ❖ MVHS website
- ❖ Student Course Information Fair — special schedule 1 / 25
- ❖ Course Information Night for parents — 1 / 25 @ 7pm



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# Campus Life

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❖ MVHS is a  
*comprehensive* high  
school! This is a time  
for your student to:

❖ Dig deeper into  
areas of interest

❖ Learn

❖ Have fun

❖ Be a kid!

❖ Clubs

❖ Leadership

❖ Music

❖ Theatre

❖ Spirit

❖ Dance Team

❖ Color Guard

❖ Athletics



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# Striking Balance

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- ❖ Consider your options and time commitments carefully!
- ❖ **Time Management Tool**
  - ❖ [Form](#) on the MVHS website
  - ❖ Purpose is to facilitate a conversation at home:
    - ❖ Daily living hours
    - ❖ Course workload expectations
    - ❖ Extra-curricular hours



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# Selecting Courses

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- ❖ Paths to select courses:
- ❖ Request your top 6 courses academic courses
- ❖ Free 7<sup>th</sup> for sport or open period
- ❖ If interested in taking 7 classes you may request one, however placement into a 7th class is based on space
- ❖ No two classes within the same curricular department (e.g. Chemistry & Physics)
- ❖ *Course Advancement—talk to us first!*



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# Course Selection Timeline

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- ❖ Infinite Campus Portal Open: 2/9 - 3/1
- ❖ Course Request Forms due: March 2
- ❖ Course Request Verification Process: March
- ❖ Running of the Bulls (ROTB): Add available courses, drop courses- August 13th
- ❖ Pick up schedule first day of school — 8/20



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# Top 5 for 11th graders

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1. Maintain balance
2. Choose courses that are right for *you*
3. Continue to explore and deepen your areas of interest
4. Foster independence & encourage self-advocacy
5. Contact us & seek support when needed



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# Next steps

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- ❖ See you Thursday, Jan 25th at Course Information Night!
- ❖ Q & A