

Please Sign In



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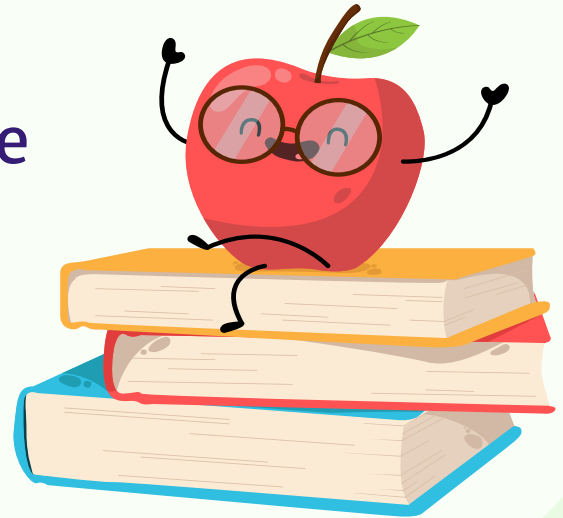


Monta Vista High School Course Selection

11th Grade/Rising 12th
Class of 2024

Agenda

- Introductions
- Graduation and college requirements
- Course Selection process
- Things to consider for 12th grade
- Reminders
- Q&A



Alpha Teams

Alpha Last Name	School Counselor	Assistant Principal
A — Ga	Ashley Voigt Ashley_Voigt@fuhdsd.org	Sydney Fernandez Sydney_Fernandez@fuhdsd.org
Gb — Lin	Hannah Banks Hannah_Banks@fuhdsd.org	Nico Flores Nico_Flores@fuhdsd.org
Lio — Sg	Sylvia Lam Sylvia_Lam@fuhdsd.org	Janice Chen Janice_Chen@fuhdsd.org
Sh — Z	Clay Stiver Clay_Stiver@fuhdsd.org	Mike White Mike_White@fuhdsd.org

Academics



Life

Activites

4-Year Timeline

Grade 9

Getting to know yourself & MV

- Transitioning into high school
- Identifying your learning style & building study habits
- Developing self-advocacy & independence
- Naviance – interest inventories

Grade 10

Exploration

- Exploring new opportunities
- Discovering new interests
- Adventuring out into areas of curiosity and passion
- Naviance — career & major exploration

Grade 11

Centering your focus

- Centering in on your areas of interest (academic & activities)
- Seek balance – school, activities, life
- Naviance – college exploration and crafting a manageable college list
- Tests – AP, PSAT, SAT/ACT

Grade 12

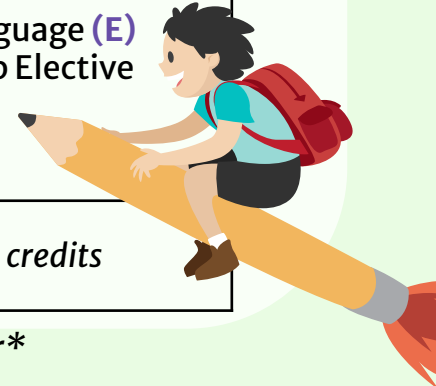
Putting it all together

- Synthesize your experiences and pursue your discovery
- Seek balance – college applications, school, senior activities
- Naviance – fine tune your college list
- Tests — AP, SAT/ACT

Graduation & A-G Requirements

Requirement	Graduation	UC/CSU eligibility (A-G)
Social Science (A)	30 credits	2 years
English (B)	40 credits	4 years
Math (C)	20 credits (through Geometry)	3 years (through Algebra II) <small>**Need 1 full year Geometry course</small>
Science (D)	20 credits	2 years
PE	20 credits	
Electives (G)	70 credits <u>In addition to 2 out of 3:</u> 10 credits Applied Academic 10 credits Fine Art 10 credits World Language	1 year Fine Art (F) 2 years World Language (E) 1 year College Prep Elective
Total Credits	220 total credits required for graduation	* 1 year course = 10 credits

UC/CSU: math, science, World Language recommends one additional year



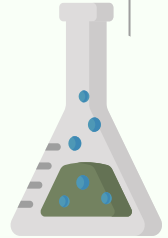
Course Selection Overview



- Senior year provides students with LOTS of choices
- Course selection should fulfill your interests!
- It is best to match rigor with interests!
Pursuing rigorous courses should be accompanied by realistic grade expectations.
- Informed decision making – seek out information from teachers, school counselors, staff, current & former students, parents etc.
- Don't underestimate the impact of college applications during the fall semester. Consider it an extra class!

12th Grade Core Course Offerings

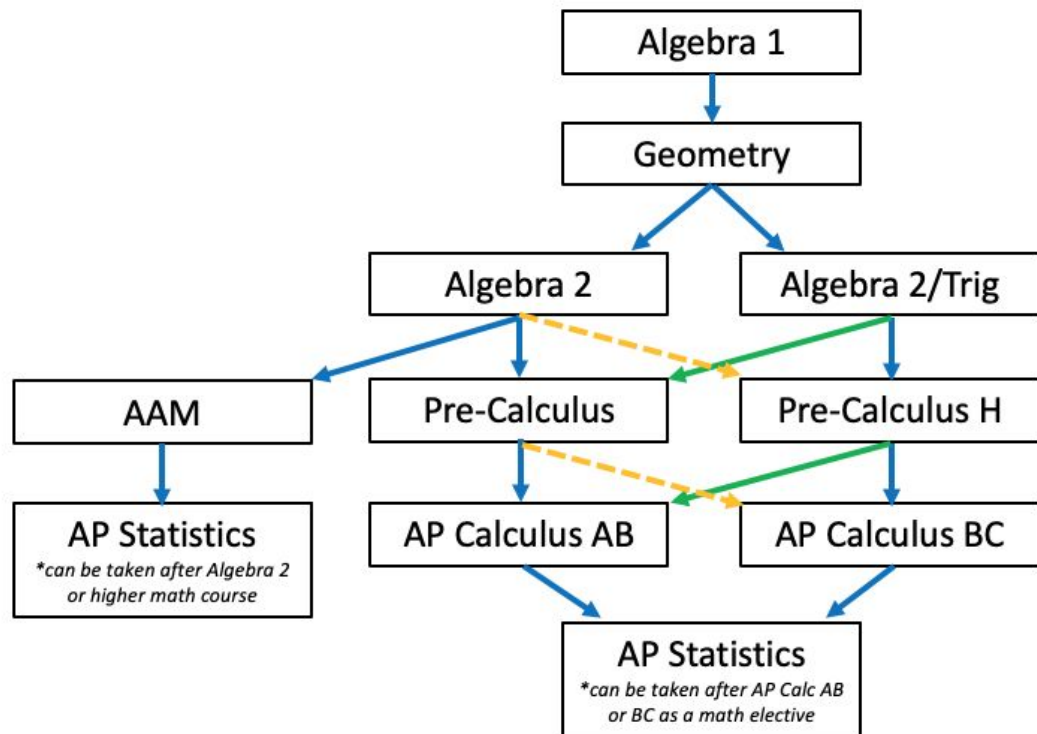
English	Social Science	Science
Myth & Folklore Contemporary Lit AP English Lit	Economics AP Economics AND US Government AP US Government	AP Biology Chemistry Chemistry H AP Chemistry Physics AP Physics 1 AP Physics C AP Env. Science Science & Society Physiology



Mathematics

Graduation Requirement = 20 credits or 2 years in high school (Algebra and Geometry minimum)

College entrance requirement = 3 years minimum (thru Algebra 2), 4 years recommended



Arrow Key:

Blue = the expected course progression assuming student is doing well academically

Green = students who may have found their previous course too challenging

Orange = alternative paths, not recommended without first consulting with current teacher



Skipping levels is NOT recommended and summer study is not considered sufficient preparation for high level math courses

Grade 12 Elective Courses

- **Fine Arts**
 - Art 1–4, 3D Sculpture & Design 1–4, Photo & Design, Film and Animation, Band, Orchestra, Choir, Drama
- **Applied Academics**
 - Business, Computer Science, Engineering, Journalism, Woodworking, Commercial Art & Design, Studio Art
- **World Language**
 - Chinese, French, Japanese, Spanish
- **General Electives**
 - Leadership, Yearbook, AVID, Interdisciplinary Research, Student Clerk, TA, Lab Assistant, Bilingual Tutor, Student Tutor
- **PE**
 - Basketball, Racquet Sports, Weight Training, Dance

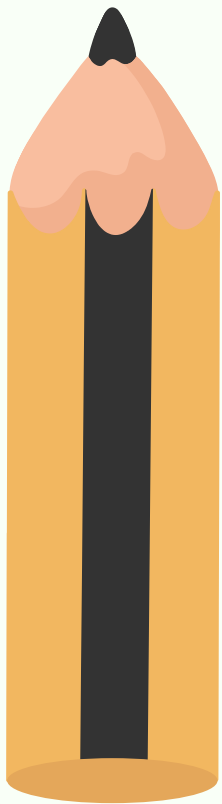


Career Technical Education (CTE)

- CTE Courses are hands-on, career-focused learning opportunities
- Offered at all 5 FUHSD sites
- Must see your school counselor for scheduling info
- **Examples:** Child Development, Auto Tech, Administration of Justice, Culinary, Sports Medicine, etc.



Selecting Courses



- Get information about electives before making your final decision.
Note that some electives will have more homework than others. (Use Time Management Worksheet)
- Keep *overall balance, rigor* and *grade expectations* in mind
- Choose wisely! Your Top Six choices should be the classes you want the most
If you are absolutely in need of an open 1st, 6th, or 7th period, then you should put it in your top six choices.
- You do NOT have to choose a 7th class – placement into a 7th class is based on space availability
- No two classes within the same curricular department

iK12 Course Selection Form

*guarantee 6 classes, 7th only if there's space

*do our best to give students their top 6 choices

TOP SIX COURSE REQUESTS (this is not the order your classes will be in)

T O P S I X	Subject	Student Course Request	
	English	Select... ▼	
	Social Science	Gov: Select... ▼	Econ: Select... ▼
	Math/Elective	Select... ▼	
	Science/Elective	Select... ▼	
	Elective	Select... ▼	
	Elective	Select... ▼	

7th Course Request (optional)

- 7th Course Request should be a course you can live without as it is not guaranteed and granted only on availability.
- In the Infinite Campus (IC) Portal, 7th Course needs to be selected under the "ALTERNATE" category.
- **STUDENT TUTOR:** If you have been recommended to be a Student Tutor, please select it as your 7th choice even if you are not requesting six classes - Student Tutor will NOT be selectable in IC. *(TA's/Lab Assistants/Office Clerks are not included as they are only added during the first two weeks of school.)*

Optional 7th Course	Select... ▼
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Audition/Application Courses

Please select any courses you are applying/auditioning for. You must indicate which course from your **above TOP SIX course requests** you will drop if selected into the application/audition course(s).

Audition/Application Course	Select... ▼	Course To Drop From TOP SIX If Selected	Select... ▼
Audition/Application Course	Select... ▼	Course To Drop From TOP SIX If Selected	Select... ▼

After School Athletics/Activities (optional)

Please complete the Google Form if you are planning to participate in after-school athletics/activities next school year:

<https://forms.gle/9QsB9rDGFCLCMaG1A>

Unscheduled 1st, 6th OR 7th Period Request (optional)

- Students may **not request more than one unscheduled period.**
- **Academic courses take priority over open period requests.** Placing it in the "7th Course Request" location gives the open period request the lowest priority, and does not guarantee the open period request.

Parent/Guardian Approval

It is important that your student carefully considers their academic and extracurricular commitments when selecting courses. Students are encouraged to utilize a variety of resources to plan and select courses such as current academic performance and interests, college and career plans, teacher recommendations, online course selection materials, course selection events and presentations.

Your signature indicates that you've had a conversation with your student, have carefully considered the overall academic load and extracurricular commitments, reviewed the resources provided, and are committing to the above courses for the 2023-2024 school year.

Student Initial	Parent/Guardian Initial
--------------------	----------------------------

I understand that school staffing and scheduling decisions are made based upon my student's course requests above.

I understand that **course changes may not be possible** due to staffing and scheduling restrictions, and I am committing to the courses selected above.

Student signature: _____

Click to sign here

Date: 01/11/2023

Parent/Guardian signature: _____

Date: _____

Submit form / Enviar formulario

- Student initiates form and fills out
- Student enters parent email address to send to parent
- Parent reviews and signs and submits form

Course Selection Timeline

- iK12 Course Request Forms Released & Infinite Campus Portal Opens: February 15
- iK12 Course Request Forms Due & Infinite Campus Portal Closes: March 1
- Course verification/corrections: Mid March
Request to change courses – DO IT NOW AS THE SCHOOL SCHEDULE IS BUILT ON THIS INFO
- Tentative student schedules emailed: Early August
Request to add (if available) or drop courses – NO GUARANTEES
- Pick up final schedule first day of school: August 21
Schedule changes are not entertained after the first day of school

Striking Balance

- Consider all opportunities and associated time commitments carefully!
- Engage in a conversation at home about:
 - Daily living demands
Family, friends, social media, unscheduled time
 - Academic workload
Balcony view of your cumulative academic workload
 - Activity expectations
Performing Arts, Sports, Clubs, Job



4 Year Plan

Name: _____

MY FOUR YEAR PLAN

INSTRUCTIONS: Complete the grid with your tentative 4 year plan and then submit to Schoology. If you know you will be taking a class in a certain subject area but are not sure of the specific class, just manually enter "Math", "English", etc. For each academic class that will count towards electives, manually type an "(e)" after the class to help keep track. See [list of MV Course Offerings here](#) AND [list of CTE course options here](#)

HONORS and APs: Your schedule will color code itself based on the number of AP and Honors classes you select. Two or fewer reveal a green hue, three of them turn the column yellow, and four or more return a red color. These colors are to help guide your selections and convey the intensity of your proposed course load.

SUBJECT AREA	9th Grade	10th Grade	11th Grade	12th Grade	Total Credits Earned
ENGLISH (40 credits)	Literature/Writing				10
SCIENCE (20 credits) 10 credits Life Science + 10 credits Physical Science	Biology (life)				10
MATH (20 credits) 10 credits "Algebra" + 10 credits "Geometry"					0
HISTORY (30 credits)					0
PE/SPORTS (20 credits)*	PE 9				10
ELECTIVES (70 credits)**					0
SELECTIVE ELECTIVES (20 credits) 10 credits each from 2 of the 3 categories below					
FINE ARTS					0
FOREIGN LANGUAGE					0
APPLIED ACADEMICS					0
# of AP and Honors classes	0	0	0	0	
TOTAL CREDITS EARNED (220 credits req. for graduation)	30	30	30	30	
<i>To be on track for graduation, you should have at least the following total credits after each year. Must earn D or better to receive credits.</i>	55	110	165	220	

Sample 4 Year Plan

Name:		MY FOUR YEAR PLAN			
<p>INSTRUCTIONS: Complete the grid with your tentative 4 year plan and then submit to Schoology. If you know you will be taking a class in a certain subject area but are not sure of the specific class, just manually enter "Math", "English", etc. For each academic class that will count towards electives, manually type an "(e)" after the class to help keep track. See list of MV Course Offerings here AND list of CTE course options here</p>					
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SUBJECT AREA	9th Grade	10th Grade	11th Grade	12th Grade	Total Credits Earned
ENGLISH (40 credits)	Literature/Writing	World Literature	American Literature Honors	AP English Literature	40
SCIENCE (20 credits) 10 credits Life Science + 10 credits Physical Science	Biology (life)	Chemistry Honors (Environmental Science (life or ph	Physiology (life)	40
MATH (20 credits) 10 credits "Algebra" + 10 credits "Geometry"	Geometry	Algebra 2	Pre-Calculus	AP Calculus AB	40
HISTORY (30 credits)		World History	US History	Government/Economics	30
PE/SPORTS (20 credits)*	PE 9			Dance	20
ELECTIVES (70 credits)**					0
SELECTIVE ELECTIVES (20 credits) 10 credits each from 2 of the 3 categories below					
FINE ARTS	Art 1	Art 2	Art 3	Art 4	40
FOREIGN LANGUAGE	French 1	French 2	French 3		30
APPLIED ACADEMICS					0
# of AP and Honors classes	0	1	2	2	
TOTAL CREDITS EARNED (220 credits req. for graduation)	60	120	180	240	
To be on track for graduation, you should have at least the following total credits after each year. Must earn D or better to receive credits.	55	110	165	220	

Sample 4 Year Plan

Name:

MY FOUR YEAR PLAN

INSTRUCTIONS: Complete the grid with your tentative 4 year plan and then submit to Schoology. If you know you will be taking a class in a certain subject area but are not sure of the specific class, just manually enter "Math", "English", etc. For each academic class that will count towards electives, manually type an "(e)" after the class to help keep track. See [list of MV Course Offerings here](#) AND [list of CTE course options here](#)

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SCIENCE (20 credits) 10 credits Life Science + 10 credits Physical Science	Biology (life)	Chemistry Honors	Environmental Science (life or ph)	AP Chemistry (physical)	40
MATH (20 credits) 10 credits "Algebra" + 10 credits "Geometry"	Geometry	Algebra 2	Pre-Calculus	AP Calculus AB	40
HISTORY (30 credits)		World History	AP US History	Government/AP Macroeconomics	30
PE/SPORTS (20 credits)*	PE 9			Dance	20
ELECTIVES (70 credits)**					0
SELECTIVE ELECTIVES (20 credits) 10 credits each from 2 of the 3 categories below					
FINE ARTS	Art 1	Art 2	Art 3	Art 4	40
FOREIGN LANGUAGE	French 1	French 2	French 3		30
APPLIED ACADEMICS					0
# of AP and Honors classes	0	1	3	4	
TOTAL CREDITS EARNED (220 credits req. for graduation)	60	120	180	240	
To be on track for graduation, you should have at least the following total credits after each year. Must earn D or better to receive credits.	55	110	165	220	

Comprehensive HS Experience

MVHS is a comprehensive high school! This is a time to:

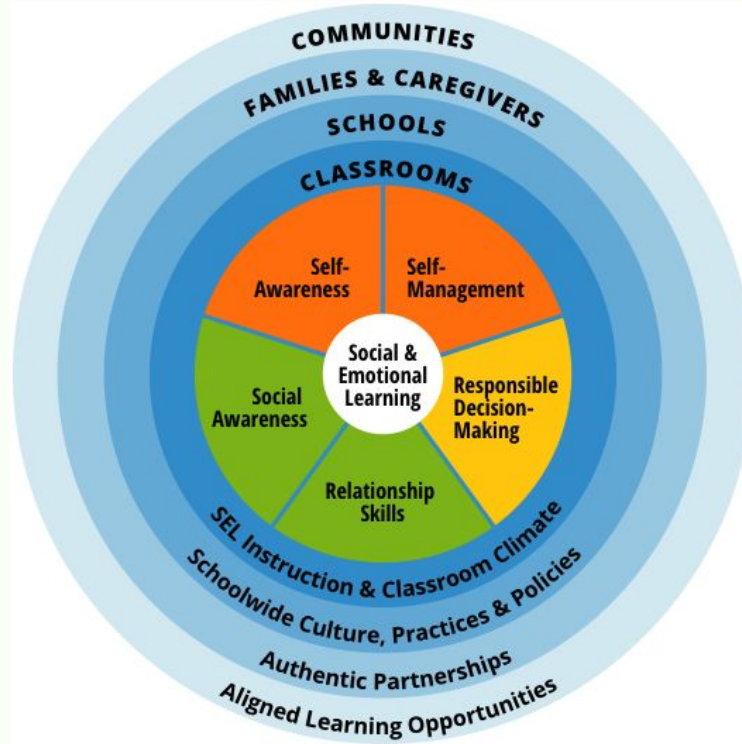
- Explore deeply into the areas of interest
- Learn with purpose
- Have fun and try new things!

Activities:

- Clubs
- Leadership
- Music
- Theater
- Spirit/Cheer
- Dance
- Marching Band
- Color Guard
- Athletics



Social Emotional Support



College Application Timelines

- **Spring/Summer 2023**

- College searches and visits
 - Naviance
 - Big Future on College Board
- College essay planning
- Organize application requirements and materials
- Attend Grade 11 College Night – April 2023

- **Fall 2023**

- Finalize college list
- Finish standardized testing
- Fine-tune college essays
- FAFSA/CADAA application (grad requirement)
- Submit applications and all materials needed



FAFSA/CADAA

- Starting with Class of 2023, as part of the graduation requirements, students are required to complete one of the following:
 - [FAFSA](#)
 - [CADAA](#)
 - Have parents/guardians complete an “opt-out” form
- Completed during senior year (Oct 1, 2023 – March 2, 2024)
- Completion of FAFSA/CADAA provides access to various financial aid options towards post-secondary education

Top 8 for All Students

- Maintain school–activity–life balance
- Be mindful of your social–emotional well–being
- Choose courses that drive your curiosity
- Explore and deepen *your* areas of interest
- Develop your independence
- Build up your self–advocacy skills
- Ask for help!
- Enjoy your work!



Reminders

- Course Videos/Flyers are available on MVHS Course Selection Website
- Elective Night: February 8, 6:00 – 7:30 pm in the Student Union
- Course Information Fair (special bell schedule): February 13
- Course Selection iK12 forms AND Infinite Campus Portal registration window: February 15 – March 1
 - *Do not submit forms until you are 100% certain of your course selections; not editable after submission*
 - *Be sure to submit your selections on the iK12 form and through the Infinite Campus portal*
 - *There is no reward for turning in your form early.*





COURSE SELECTION

For important events/dates for each grade level see the following:

CURRENT 8TH/INCOMING 9TH GRADERS

CURRENT 9TH - 11TH/RIISING 10TH - 12TH GRADERS

To learn more about the courses Monta Vista offers, click the button below to view course videos. Please check all links (including the course code) as some courses also have a course flyer, presentation, or social media link in addition to the course video

Course Videos

The District Course Selection Guide, or course catalogue, provides valuable information on course descriptions by department, college admissions testing, guidance and planning and educational options.

2023-24 FUHSD Course
Selection Guide

For further information on planning courses based on time management, Career Technical Education, recommendations from departments and graduation requirements, see the tabs below. Note that MVHS may not offer all of the district's courses; the MVHS Course List can be seen by clicking the button below.

MVHS Time Management
Worksheet

2023-2024 MVHS Course
Offerings

Presentation Slides posted on MVHS Course Selection Website

PRESENTATIONS AND Q&A

+ MSSAP

+ CURRENT 8TH/RISING 9TH GRADERS

+ CURRENT 9TH/RISING 10TH GRADERS

+ CURRENT 10TH/RISING 11TH GRADERS

— CURRENT 11TH/RISING 12TH GRADERS



PRESENTATION SLIDES

Questions?

For questions about your student's course selection, please email the appropriate Alpha Team.

Alpha Last Name	School Counselor	Assistant Principal
A — Ga	Ashley Voigt Ashley_Voigt@fuhdsd.org	Sydney Fernandez Sydney_Fernandez@fuhdsd.org
Gb — Lin	Hannah Banks Hannah_Banks@fuhdsd.org	Nico Flores Nico_Flores@fuhdsd.org
Lio — Sg	Sylvia Lam Sylvia_Lam@fuhdsd.org	Janice Chen Janice_Chen@fuhdsd.org
Sh — Z	Clay Stiver Clay_Stiver@fuhdsd.org	Mike White Mike_White@fuhdsd.org